

Diabetes is Serious

Working Together in Rotherham

We estimate that over 5 million people now live with diabetes across the UK

7.45% of the adult English population have a diabetes diagnosis

Over one million of those people live in the North of England



Rachel Martin

Health System Engagement Lead

rachel.martin@diabetes.org.uk

Hannah Morrow

Volunteer Outreach and Partnerships Officer

hannah.morrow@diabetes.org.uk



Working in partnership with South Yorkshire ICB

Working to engage and support local diabetes communities between April 23 and March 25:

- Engagement and support events
- Awareness raising, information and training
- Together Type 1 youth programme
- Support and patient information packs for community pharmacies (tbc)
- Signposting to Diabetes UK support



Why Diabetes is Serious

- Diabetes is relentless. It requires constant decision-making and careful self-management to stay well with the condition
- For too many people, diabetes still leads to serious complications and even, sadly, early death
- With the right care and support, many life-altering diabetes-related complications can often be prevented
- The National Institute for Care Excellence (NICE) recommends eight routine checks for people with diabetes, nine if you include routine diabetic eye screening, which have been shown to reduce the chances of developing complications.
- Health systems have made significant progress in improving access to routine care since the pandemic, but this progress is not taking place on an equal basis.

Diabetes Care in Rotherham 2022-23*

1,300 people registered with t1 diabetes and 16,025 people registered with t2 or other diabetes in 2022-23

Proportion of people with diabetes who received all 8 care processes in 2022-23 ranged from 21.4% to 76.5% depending on GP practice

Over 9,000 non-diabetic hyperglycaemia registrations

Across all PCNs, the Urine Albumin health check had the lowest completion rate

People living in deprivation are more likely to develop type 2 diabetes

People living in deprivation are less likely to access the care/support they need, and more likely to develop diabetes related complications and have poorer outcomes

Community Engagement

Training and support

- Diabetes awareness training for frontline staff (in person or online)
- Train the trainer model for voluntary and community groups
- Awareness talk for staff and volunteers (Lunch and Learn)

Libraries training

- 55 library staff have completed our online CPD module.




UNDERSTANDING DIABETES

🕒 90 min

This module will provide you with an overview of diabetes, and increase your knowledge and skills to effectively support people living with or at risk of diabetes.

This module has been produced with sections that can be adapted to individual needs and circumstances, and it can be used in many ways, depending on your level of knowledge, expertise, setting, and available time.



Community Engagement



- Diabetes and Me Day at New York Stadium
- Community group awareness talks

- Diabetes support group relaunch
- Children and young people's event



How can you help?

Get in touch or sign up for our monthly health system update North@diabetes.org.uk

Get involved: [Together Type 1 | Diabetes UK](#)

Take up our training or awareness offers: Hannah.morrow@diabetes.org.uk

Join our campaigns: [Campaigning | Get involved | Diabetes UK](#)

Share our awareness and training offer with your teams and networks.

Become micro-volunteer

Scan me



“I love being a micro-volunteer, it feels like each little thing has the power to make such a big difference!”

How we can help you

Reports & data sources

- [DUK Diabetes is Serious Report 2023](#)
- [Tackling Inequalities Commission full report and Exec Summary](#)
- [National Diabetes Audit - NHS Digital](#)

Diabetes training & leadership programmes

- [CPD online training modules](#)
- [Clinical Champions](#)
- [Discovering Leadership](#)

Information & resources

- Free diabetes information to download or order in print from our [online shop](#)

Awareness

- Talks for employers and community groups
- Training for community workers
- Training for carers
- Information stands at events
- [Volunteering - North of England | Diabetes UK](#)



**THANK YOU
FOR FIGHTING DIABETES**

We'd love to stay connected with you by sending you our monthly updates!

To sign up email:

north@diabetes.org.uk

www.diabetes.org.uk



Diabetes UK Chat: Your Friends in the North



@diabetesuknorth

DIABETES UK
KNOW DIABETES. FIGHT DIABETES.